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**2010 CFC GEICO RACE FOR FREEDOM
SATURDAY, SEPTEMBER 11th
LAKE HEFNER – EAST WHARF**

8:00 a.m.

2-Mile Run/Walk

2-Mile Doggie Dash

5 km Competitive Run

10 km Competitive Run

An event designed to benefit all CFCs in Oklahoma

Proceeds from the GEICO CFC Race for Freedom will benefit the Combined Federal Campaigns (CFCs) in Oklahoma. Proceeds will be distributed to literally hundreds of local, national, and international charities which provide meals for hungry children, relief for families in need of counseling, work to develop cures for diseases, provide comfort for the dying, and more. Several of the non-profit agencies that are a member of the CFC will be present at the race to provide information about the mission that their agency serves in the community.

AWARDS

There will be an awards ceremony immediately following the race. Awards will only be given for the 5km and 10km competitive runs. Trophies will be awarded to the 1st, 2nd, & 3rd place overall winners for both men and women in the 5km and 10km competitive events. In addition, medals for the 5km and 10km competitive events will be awarded to 1st, 2nd, 3rd place for men and women based upon established age divisions.

REGISTRATION

You can register with the attached registration form or you can register online at this link: <http://www.active.com/running/oklahoma-city-ok/geico-cfc-race-for-freedom-2010> or find a printable form on the race website at <http://www.raceforfreedom.org/>. If you are a Federal employee or affiliated with a Federal employee please identify with which federal agency you are affiliated (employed, contractor, related to an employee, etc.) to ensure your participation is properly recorded. This will increase the share of proceeds that will be distributed to the CFC in your area.

If you have questions regarding this event, please contact Kim Sheppard at (405) 954-7707.

Registration & Release Form

Mail Registration Form & Payment to: GEICO Race for Freedom Attn: Kim Sheppard, AMP-1 P.O. Box 25082 Oklahoma City, OK 73125	Register online at: www.raceforfreedom.org
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Event entered (Check one): 2 Mile Run/Walk 2 Mile Doggie Dash 5K Run 10K Run
 Donation Only

Sex: Male Female Age (on 9-11-10): _____

Last Name: _____ First Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Area Code: _____ Day Phone: _____ Night Phone: _____

E-mail: _____

T-Shirt Size (Adult S, M, L, XL, XXL) : _____ (T-shirts may be picked up at The Runner located at 9644 N. May Ave. on Friday, September 10th from 12:00 p.m. – 6:00 p.m. or at the registration table at the event on Saturday, September 11th.)

I am a federal agency employee/contractor or affiliated with a federal agency via family relationship or friendship (please specify agency including city): _____

Entry Fee: (Make checks Payable to the Combined Federal Campaign)
 \$15 thru September 9th
 \$20 September 10th – 11th

*Supports KPF (Kids Participate Free), KPF allows kids, 15 and under, to run free with a parent or guardian entry at regular price. There is a limit of 2 kids per parent or guardian. Kids will not receive a t-shirt.

Waiver: 2 Mile Run/Walk, 5K & 10K

I know that walking/running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I also know that there will be a possibility of traffic on the course. I assume the risk of walking/running in traffic. I also assume any and all other risks associated with entering this event including, but not limited to, falls, contact with other participants, the effects of the weather and the conditions of the roads, all such risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. **I am also fully aware that baby strollers and wheels of any kind (except wheelchairs for physically disabled individuals), animals, and headphones are strictly prohibited on the 5 Km & 10 Km competitive course, and I agree not to have them on the course. Furthermore, I agree not to go back onto the course after finishing. I am fully aware that it is a fraudulent act to switch race numbers with anyone or allow anyone other than myself to wear my race number, and I agree not to do this.** Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all damages or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event, whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned grants permission to sponsors and or agents authorized by them to use any photos, video tapes, motion pictures, or any other record of this event for any purpose. Minors accepted only with a parent or guardian's signature. I understand that there are no refunds.

THIS WAIVER IS A LEGAL DOCUMENT. READ ALL TERMS AND CONDITIONS BEFORE SIGNING.

Signature: _____ Date: _____

Parent's Signature if under 18 years: _____ Date: _____